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New Veterinary Clinic in Los Fresnos to Hold Ribbon Cutting Ceremony

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Big Red's Ranch Family Fall Days are Right Around the Corner



Meeting Page 7

The 31st Annual Narciso Martinez Cultural Arts Center Conjunto Festival Page 8



680 E Ocean Blvd. Los Fresnos, T X 78566

SEPTEMBER 26TH, 2024

Join us as we celebrate the grand opening of

The Los Fresnos Chamber of Commerce invites everyone to join them on Thursday, September 26, 2024, at 5:30 pm as they celebrate the grand opening ribboncutting ceremony at Aloha Veterinary Clinic. This event will occur at 680 E. Ocean Blvd., next to Elvas Restaurant.

By Mike Villarreal

Dr. Kayla Lee was born and raised in deep south Texas, where she dreamed of becoming a veterinarian one day. She graduated from Los Fresnos High School and then attended the University of St. Thomas, where she played volleyball and graduated with a degree in Biology. She then went on to earn her degree as a Doctor of Veterinary Medicine at Texas A&M University in

Dr. Kayla's favorite part of being a veterinarian is building relationships with people and their pets. When she's not playing doctor, you'll find her pounding the pavement on her morning runs, chilling beachside with a good book, or spending time with her husband, Matthew, her horse Tater Red, and her 3 pups: Bindi, Minnie,

and Lani. The Office Practice Manager is Alley Cowgill, who was born and raised in Port Isabel. She graduated from Texas A&M University with a Bachelor of Science Degree in Business Administration, a concentration in Veterinary Medicine, and a minor in Finance.

She was instrumental in opening one of the first affordable Veterinary

she managed operations for 6 years before her lust for the South Padre Ocean breeze brought her back to Port Isabel.

Alley's best and worst quality is wanting to take in all the homeless animals she sees. She keeps a bag of dog food in the back of her car to feed any dog in need. When she's not caring for animals, she's caring for tiny humans. Alley enjoys the beach and reading a good book.

Arrianna is the former receptionist but has now transitioned to the back as a Vet Tech. Arrianna was born in St. Paul, Minnesota, and moved to Texas in her late childhood. She loves being a helping hand and learning new things.

Arrianna has 6 years of medical experience and is also studying for her radiology license. She is new to the Vet scene, but super excited to trade human patients for animal patients. Arrianna is excited to help treat fur babies.

She also enjoys spending time with her family. She is very proud of being a mom to her fur babies Rocco (Pitbull), Wasabi,

and Tiger, aka Wheezy (American Short Hair Cats), and her two sons Kai and Keanu. She also enjoys photography, traveling, and

trying new foods. Aidee is a Vet Tech who was born in Fort Worth and raised in the Rio Grande Valley, where she graduated from Los Fresnos High School. Alongside her love for caring for animals, Aidee is passionate about training and coaching Brazilian Jiu-Jitsu, wrestling, and learning Judo. At home, she enjoys spending time with her fur babies, Kala and Major. Aidee is excited to care for as many pets as she

relationships with their owners.

Meghan McDonough was born in Cody, Wyoming, and started "assisting" her veterinary dad during surgeries, the best she could do at the age of five. Meghan's family moved to California, and then New York, and she returned to Wyoming for college. After graduating, she stayed in Wyoming for the next 20 years, spending those years as a Vet Tech.

Meghan moved down to South Texas 4 years ago to simply "experience"

New Veterinary Clinic in Los Fresnos **CONTINUED ON PAGE 2**









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► New Veterinary Clinic in Los Fresnos CONTINUED FROM PAGE 1

the South. She enjoys kayaking, rock hunting, and hiking with her dog, Frankie, during her time off. Meghan has been in Vet space for over 10 years and worked with Dr. Lee at Port Isabel Animal Clinic.

The new receptionist is

Ysabel, born in Los Banos, California, but raised in the Rio Grande Valley, where she graduated from San Benito High School. Volleyball has been a huge part of her life, and she earned a spot in high school on the Wall of Fame at San Benito and now coaches on the side. Growing up, she had always dreamed of becoming a veterinarian, and she even went on tours to the Texas A&M Biomedical Center, which was an amazing experience.

During her childhood, she had a huge love for animals; once, she helped a stranded donkey, raised goats, and brought home any cat or dog she could help. Ysabel is half-Filipino and loves to cook Filipino dishes for her fiancé and her family. She also has two fur babies, Autumn (German Sheppard) and Spike (English Bulldog), who keep her home full of love and energy where they watch movies on rainy days and enjoy the sun playing fetch.

Aloha Veterinary Clinic is a locally owned, small animal general practice in Los Fresnos, Texas. They are dedicated to providing exceptional pet care services to the community and the lower Rio Grande Valley. At Aloha, they strive to create a welcoming, comfortable environment for both pets and their people. They are committed to treating every pet with the compassion and care they deserve.

At Aloha, they have a vision to create a warm, supportive space where pets and people thrive through care, connection,

and community. Their mission at Aloha is to provide the deep South Texas community with exceptional, reliable, and trustworthy Veterinary care to achieve lasting relationships and strengthen the bond between people and their pets.

They offer various

services, including wellness exams, vaccinations, dentistry, surgery, and health certificates. Dr. Lee says, "Opening my own clinic has been my dream since I was a child. I'm very blessed and thankful that I got to do it in the community that helped me become the Veterinarian I am today". The Aloha Veterinary Clinic is located at 680 E. Blvd. and is open from 8 am-5 pm Monday to Thursday. You can also look them up online at www.alohavetclinic.com or call 956-452-1535 for more information.

Photos from the Aloha Veterinary Clinic Facebook page



Strategies for Building Your Small Business



StatePoint

As an entrepreneur, you are the expert in the goods and services you offer customers. However, you may be less familiar with the financial aspects of running

your business.

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that you're growing your
business sustainably. Here
are some important financial
planning strategies a CFP®
professional can assist you

1. Selecting a corporate structure: Each type of corporate structure is subject to its own tax code and financial liabilities. Determining which structure makes the most sense for your business is fundamental, but complex, given the wide range of factors involved. A CFP® professional can help you navigate this decision to your advantage. As your

business scales, remain in conversation with your advisor to ensure that your corporate structure classification is not adversely impacting your cash flow.

2. Sorting your expenses: Your business feels personal, but it's important to keep your business and personal expenses separate. A CFP® professional can help you establish a plan for managing personal and business finances in a way that allows you to reach your financial goals.

Side note for expense sorting: Be sure to deduct all overhead when preparing your taxes. If you're not deducting expenditures such as travel, auto expenses, home office utility bills, marketing materials and continuing education associated with your industry, you're leaving money on the table.

3. Saving for retirement: While retirement may not be top of mind when launching your own business, it's important to plan for it. One of the great benefits of being your own boss is having the freedom to maximize your retirement savings. A CFP® professional can help you make sense of options such as IRAs, 401(k)s with profitsharing and solo 401(k)s, and help you select the one that will reduce your taxable income now and pave the way for a comfortable

future.

On a related note, building a retirement plan into the benefits you offer your employees will make your company a more attractive place to work, helping you secure the best talent.

4. Maintaining personal financial health: While you're growing your business, it can be easy to lose sight of your family's financial health. A CFP® professional can help you

protect your personal assets and continue moving toward your other financial goals at a time when your business seems like a top priority.

These are just a few of the areas in which a financial advisor can help your business be successful. They can also offer cash flow analysis, advise on your insurance needs, create a succession roadmap and more. For additional insights

into small business financial planning, and to find a CFP® professional to work with, visit LetsMakeAPlan.

Launching a small business is both an adventure and a ton of work. Seek expert assistance with key financial planning strategies so that you can focus on the aspects of your business you are most passionate about.

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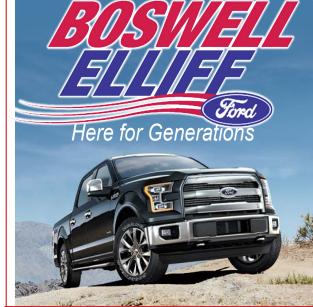
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Translation:
"Downhill even stones roll downward."

Contribuido por: Alvino Villarreal

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CITY OF LOS FRESNOS REQUEST FOR PROPOSALS FOR VEHICLE WASHING

The City of Los Fresnos will be accepting proposals for washing, vacuuming and other detailing of all city vehicles. Specifications are on file with the City Secretary and may be obtained at the City Hall, 520 E Ocean Blvd., Los Fresnos, TX. 78566. For more information, contact Jacqueline Moya, City Secretary at 956-233-5768. Sealed proposals will be accepted until 10:00 a.m. on Monday, October 7, 2024 at City Hall. Awarding of contract will be October 8, 2024 at 6:00 pm in City Hall. Please mark on outside of envelope "SEALED PROPOSAL FOR VEHICLE WASHING".

Outdoor Repairs with Heavy-Duty **Duct Tape**



(StatePoint) With fall here, it's time to prepare yards and outdoor gear for the cooler months. While many think of duct tape as a quick fix for indoor projects, it might come as a surprise just how versatile and effective heavy-duty duct tape can be for upkeep outside.

Tool Tune-Up Shovels, rakes and

lawnmowers are key for prepping and maintaining the yard. These tools may show signs of wear and tear after enduring heavy use all summer. Use durable duct tape to make any necessary fixes to ripped lawn mower bags or a peeling rake grip, so they'll hold up under the stresses of fall yard work and help you get the job done without interruption.

Sturdy and Safe **Outdoor Furniture**

Summer storms and heavy winds might have damaged exterior furniture and décor. But broken tables and chairs can become a hazard if left in poor shape. Before hosting a bonfire or other backyard gathering, assess the condition of your patio furniture.

If quick, sturdy fixes are needed, Duck Max Strength Duct Tape is an excellent choice, whether for mending a cracked chair arm or tears in an umbrella or canopy. The tape offers the ideal balance between being easy to tear and tough enough to make long-lasting repairs. The strong adhesion and holding power ensure furniture stays functional and safe for guests.

Patch Camping Gear Camping trips over long

summer weekends may have caused equipment to deteriorate. Before securing tents and canoes in the garage or shed for winter, assess them for rips, cracks or holes. If any are found, patch them with heavyduty duct tape so they're ready for use next year. This easy solution will hold up against the elements and allow you to stay dry, warm and safe during your next adventure.

For more ways to use duct tape visit https://www. duckbrand.com/.

From fixing yard tools to patching up camping gear, duct tape is an essential item in any shed, garage or toolbox this fall.



Because Your Health Matters



Community Health Outreach Program

The City of Los Fresnos offers a free Health Program to its residents and neighboring communities. The Your Health Matters-Los Fresnos program offers a variety of free exercise classes and health education programs. Health education programs include the Happy Kitchen Program and the National Diabetes Prevention Program. The Your Health Matters-Los Fresnos program also offers free health screenings such as blood pressure, BMI and A1C testing. Follow-up care is available to both men and women 18 years of age and older.

Free in-person exercise classes and prerecorded exercise classes are available to all participants. Pre-recorded classes can be found on the City of Los Fresnos website and the Your Health Matters-Los Fresnos Facebook group.

The current in-person exercise class schedule offers Zumba, Zumba Gold Toning, Yoga, Strength Training, Total Body Burn, Water Aerobics and Lap Swimming. All classes are taught by Certified Instructors.

Once enrolled in the program participants are able to participate in all classes at no charge as offered by the City of Los Fresnos. To register for the Your Health Matters-Los Fresnos program contact City of Los Fresnos Community Health Supervisor, Christine Martinez at 956-312-1406 or email at cmartinez@citylf.us

contact Christine Martinez, Los Fresnos Community Health Worker at 956-312-1406 or email at cmartinez@ citylf.us or Los Fresnos City Hall at 956-233-5768



Community Health Worker 956-407-3348



Los Fresnos High Holds Parent Night for

Volleyball

On Sep 17, 2024, LFCISD held Parents Night for the Varsity Volleyball team. The

LFHS Girl's Volleyball X account posted on Tuesday last week, "Thank you, parents, for your support of our program, we greatly appreciate you all."





FALCON BASKETBALL



2 / Jude Barreda / Sr.

4 / Gio Galvan / Sr.

5 / Dylan Cervantes / Jr.

10 / Evan McChesney / So.

11 / Eric Salazar / Jr.

12 / Andrew Munoz / Jr.

21 / Xavier Solis / Jr.

22 / Hector Resendiz / Jr.

23 / Diego Noriega / Sr.

31 / Noah Barker / Jr.

32 / Diego Gonzalez / Sr.

33 / Gus Gonzalez / Jr.

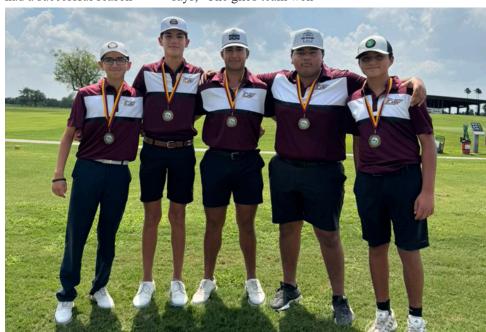
34 / Ryan Torres / Sr.

Golf in Full Swing

LFN

Both the Boys and Girls Varsity Golf Teams had a successful seasonopening tournament at Treasure Hills Golf Club in Harlingen two weeks ago. LFHS Golf account on X, says, "The girl's team won

first place, led by medalist Isabella Ramirez, while the boy's team finished in third place. Great job Falcons!"



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National Hispanic Heritage Month Observed

until October 15

The United States celebrates National Hispanic Heritage Month from September 15 to October 15 every year. This observance is a testament to the shared history and unity of the diverse Hispanic and Latin communities. It honors the rich tapestry of their histories, cultures, and contributions, reflecting the shared journey of American citizens whose ancestors came from Mexico, Spain, the Caribbean, Central and South America, and other regions.

The tradition began in 1968 as Hispanic Heritage Week under President Lyndon Johnson and was later expanded to cover 30 days by President Ronald Reagan in 1988. It was

officially enacted into law on August 17, 1988.

September 15 was the starting point to align with the "El Grito de Dolores Anniversary," which marked a pivotal moment in the Mexican War of Independence from Spain. Miguel Hidalgo y Costilla, the parish priest of Dolores, first proclaimed this historic battle cry. Hidalgo's passionate call to arms became the rallying cry for independence from Spanish colonial rule. In honor of this significant event, annual celebrations are held on the night of September 15, serving as the eve of Mexican Independence Day.

This year's theme, "Pioneers of Change: Shaping the Future Together," is a powerful call to action. It serves

to inspire and empower, highlighting and celebrating the significant and multifaceted cultural, social, and economic contributions of the Hispanic and Latin communities in the United States. It provides a platform to honor the rich historical legacy, including the achievements and struggles, as well as the artistic expressions, linguistic diversity, and enduring influence of the American Latino community on the fabric of American society. The observance recognizes past and present contributions and acknowledges the potential for future impact and collaboration in shaping a more inclusive and diverse

It's a time to recognize

culture.

in healthcare, activism, and the arts, shaping a better future for all.

resilience and strength of

the Rio Grande Valley, where Hispanic heritage is deeply rooted, lively celebrations will unfold throughout the month. These festivities will encompass many events,

including concerts, festivals, art exhibits, bustling markets, colorful parades, and much more, offering something for everyone to enjoy and learn from.

47. Last month

50. Taro plant

52. *Athenian

Acropolis tourist

56. Anticipate

freshwater fish

57. Black-and-white

58. Small European

59. *#18 Across, to

60. Big cat sound 61. Future atty.'s exam

64. Sunrise direction

1. Facebook owner 2. Quickly, acr.

4. Sahara's Berber

5. R in R.E.M. 6. Wash out with

3. Hundred thousand,

7. Workbench holding

8. *Plato's famous

10. Black tropical

13. Spacecraft's

detachable unit

compound

11. *Not black-figure, ___-figure

14. W.E.B Du Bois's

19. Oxygen-containing

22. *Olive derivative

25. Kidney-related

28. Have a hankering

29. *Poet of "Iliad"

32. Ocean motion

33. "Wheel of

words) 36. *"I,

whiskey

Cicero

Fortune" request (2

38. Like Bushmills

41. *Demosthenes of

40. Boston time

44. Land parcels

46. Conifer's leaf

quarterback

50. Pitcher

51. "Shoot!"

48. New York Jets'

49. Bakery offering

52. Minute opening

26. Exertion 27. Christmastides

23. More reprehensible 24. About to explode

62. Work units 63. Tight one, in

attraction

cookie

Romans

football

DOWN

in India

people

device

teacher 9. Ripped

48. Belittle

HIERITAGE MONTH SEPTEMBER 15 - OCTOBER 15 and appreciate the the Hispanic and Latin individuals who have communities. Here in made significant strides

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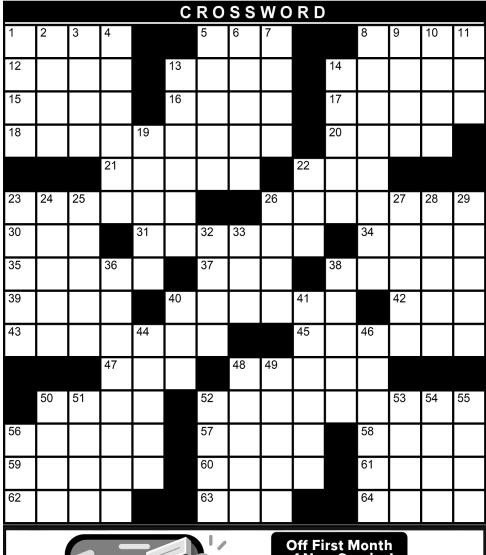
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currency

- 1. Fountain order 5. Christian minister,
- abbr.
- 12. Isaac's firstborn 13. Senegal's neighbor

8. Betelgeuse or Deneb

- 14. Nobody (2 words) 15. Bangladeshi
- 16. Chopin's creation, 17. Like thick smoke
 - 18. *Greek goddess in
- 1995 Woody Allen movie title
- 20. *Mars, to the Greeks
- 21. Ooze out 22. Edible tuber
- 23. *Poet of "Aeneid" fame

26. *"Pair of writing

tablets"

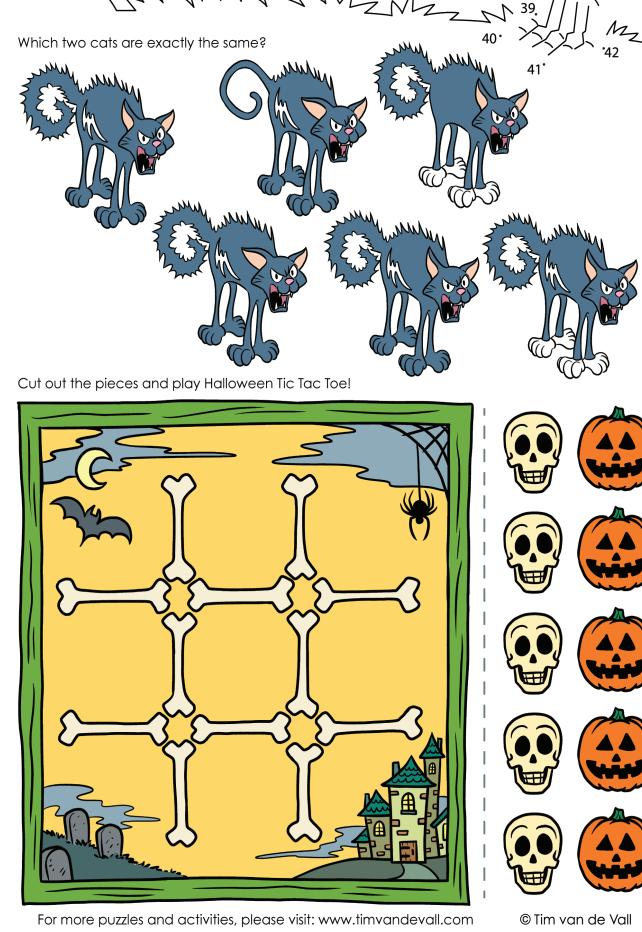
- 30. Outrage
- 31. A small part
- 34. European currency
- 35. Jousting pole
- 37. B & B

certain cycle

- 38. Sunni religion
- 39. Et alibi, abbr.
- 40. Newspaper VIP
- 42. First woman,
- **Biblically-speaking** 43. Return of disease 45. Washer, during a
- 53. Civil space org. 54. #22 Across, pl. 55. Left after
- deductions

56. Map abbr.





.43

.45

38.



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DEL ANGEL

Big Red's Ranch Family Fall Days are Right

Around the Corner



By Mike Villarreal

Get ready for Pumpkin Patch and Fall Family Days at Big Red's Ranch this October! Join them for a fun-filled day with activities for the whole family. Enjoy a giant Pumpkin Patch, creative-themed Themed Ops, an Autumn Artisan Vendor Market, and a Petting zoo

with various animals. Kids can blast with horse and pony rides, a giant slide, a carnival swing, a giant slingshot, a Bazooka Ball, a Gaga Ball, a Human Foosball, and a golf cart track. Explore interactive-themed trails and take a hayride. You can also try canoeing and paddle boats. Take advantage of pumpkin

decorating and delicious food from our vendors. After all the fun, cozy up to a bonfire.

The Fall event will occur on October 5, 12, 19, 20, 26, & 27. Make sure to register online, as tickets sell out fast. Visit bigredministries.org and head to the events page. There's free parking; the only extra costs will be for pumpkins, food vendors, artisan vendors, pony rides, and horse rides. Single parents get free entrance when they purchase their children's tickets.

Please note that pets are not allowed for everyone's safety. They want to ensure a great experience for all our visitors. Get ready for some fun and excitement, as well as some great photo opportunities at Big Red's Ranch, located at Citrus Ranch Blvd in San Benito, TX. Visit bigredministries.org or our Facebook page, BigRedsRanch, for more information.

Photos by Big Red's Ranch Facebook page





September 10th City Meeting



Iris Garcia Special to LFN

On Tuesday, September 10th, the city of Los Fresnos held its monthly regular city council meeting. The meeting was called to order by Mayor Flores, and Mr. Milum, city manager, led the meeting in an invocation. The mayor and four of the commissioners were present.

No visitor remarks were made during this meeting.

The council considered (12) consent agenda items— which are matters considered to be routine by the City Council and will be enacted by one motion. There will be no separate discussion of these items unless requested by a member of the City Council. The item may subsequently be removed from the Consent Agenda to be considered separately.

All (12) Consent Agenda items were motioned for approval by Commissioner Vinson and seconded by Commissioner Escobedo. Motion carried unanimously, 4-0, and are listed below:

1. Consideration and ACTION to approve the minutes from August 13 & 20 2024.

2. Consideration and ACTION to approve

updates the to Employee Policy Manual Policy 609 Lactation Breaks and Policy 613 Temporary Modified Duty Assignments.

3. Consideration and ACTION to approve and update Employee Policy Manual to include the Artificial Intelligence Policy.

4. Consideration and ACTION to authorize the City Manager to dispose of surplus Items.

5. Consideration and ACTION to approve the write off of bad debt for the utility accounts and garbage for the 2023-2024 fiscal year.

6. Consideration and ACTION to approve the second reading of Ordinance 560 adopting the budgets for fiscal year 2024-2025.

7. Consideration and ACTION to approve the second reading of Ordinance 561 approving the 2024 tax roll and levying municipal ad valorem taxes for the use, benefit and support of the City and directing the assessment and collection thereof.

8. Approval or rejection to approve the following Service Agreements: A. Los Fresnos Volunteer Fire Department B. Los Fresnos Ambulance Service C. Boys & Girls Club

9. Consideration and ACTION to approve a Proclamation designating October 6-12, 2024 as Fire Prevention Week and Firefighters Appreciation

10. Consideration and ACTION to approve funding to pave the entrance to the old Retama Street servicing the alley and Sierra RV Park.

11. Consideration and ACTION to excuse the absence of Gabriela Fernandez from August 20, 2024 City Council

meeting.
12. Consideration and ACTION to excuse the absence of Terry Vinson from the August 13, 2024 City Council meeting.

Following the consent agenda, the city council covered the (9) Action Items.

1. Consideration and ACTION to approve the bids received for the following: A. Pest Control B. Official Newspaper C. Lot Mowing D. Vehicle Maintenance/Oil Change E. Cleaning Supplies F. Vehicle Tire Maintenance G. Chemicals H. Vehicle Washing

Commissioner Vinson made a motion to approve, and seconded by Commissioner Muñoz. Motion carried, 5-0.

2. Consideration and ACTION to approve Ordinance 562 amending the code of ordinance of the City of Los Fresnos, said code is hereby amended by changing the speed limits; providing for a penalty not to exceed \$500.00 for any violation thereof; providing for an effective date; providing for publication; providing

for severability and ordaining other provisions related to the subject matter thereof.

As a result of citizens asking for speed limit changes on FM 2480 since subdivisions Wincrest and Village East were built out, TxDot conducted a speed survey. Their recommendation, based on the results of the survey, was to increase the speed limit from 30 to 35 mph, then increase to 45 mph in the next section all the way through until the city limits, where it then increases to 55 mph. "This will help slow folks down coming into the city and keep them slower as they exit the city," added City Manager. Commissioner Escobedo made a motion to approve, and seconded by Commissioner Vinson. Motion carried, 5-0.

3. Consideration and ACTION to approve cost participation for development to the north for lift station and line upgrades on North Arroyo Lift Station.

The City Manager explains, "There is quite a bit of potential development to the north end of the city along Henderson Road and North Arroyo (FM 2847) areas. The North Arroyo Lift Station will need to be upgraded soon as the development begins." This will require developers to participate in the costs of the upgrades as development occurs. Commissioner Escobedo made a motion to approve, and seconded by Commissioner Munoz. Motion carried, 5-0.

4. Consideration and ACTION to approve

an agreement with
120Water to provide
assistance with the LCRR
(Lead and Copper Rule
Revisions) required by the
Environmental Protection
Agency.

Commissioner Escobedo made a motion to approve, and seconded by Commissioner Vinson. Motion carried, 5-0.

5. Consideration and ACTION to elect a member for Places 11-14 of the Board of Trustees Election for the Texas Municipal League Intergovernmental Risk Pool.

Commissioners each voted to elect members for Places 11-14

Place 11: Mayor Flores made a motion to elect Randy Criswell, and seconded by Commissioner Muñoz. Motion carried,

Place 12: Commissioner Muñoz made a motion to elect Cedric Davis, Sr., and seconded by Commissioner Escobedo. Motion carried, 4-0. Commissioner Gonzalez abstained.

Place 13: Mayor Flores made a motion to elect Harlen Jefferson, and seconded by Commissioner Vinson. Motion carried,

Place 14: Commissioner Vinson made a motion to elect Mike Land, and seconded by Commissioner Fernandez. Motion carried,

6. Consideration and ACTION to elect a member for Region 12 on the TML Board of Directors.

Commissioner
Fernandez made a motion
to elect Bryan Martinez
from Brownsville, and
seconded by Commissioner
Vinson. Motion carried,
6-0.

7. Consideration and ACTION to re-appoint or appoint of members to the Los Fresnos Housing Authority.

Commissioner Escobedo made a motion to approve, and seconded by Commissioner Fernandez. Motion carried, 6-0.

8. Consideration and ACTION to appoint or re-appoint members to the Planning & Zoning Commission.

Mayor Flores made a motion to appoint Desi Delgado for Place 4, and seconded by Commissioner Escobedo. Motion carried, 4-1. Commissioner Gonzalez abstained.

Mayor Flores made a motion to reappoint Places 1-3, and seconded by Commissioner Fernandez. Motion carried, 5-0. Commissioner Gonzalez abstained.

Consideration and ACTION to re-appoint or appoint members to the Park Advisory Board.

Commissioner Escobedo made a motion to reappoint Place 1-3, and seconded by Commissioner Fernandez. Motion carried, 5-0. Commissioner Gonzalez abstained.

In conclusion, the City Manager updated the council on the Veteran's Memorial. If all goes according to plan, the tentative date for the ribbon-cutting, groundbreaking ceremony is to be on Saturday, November 9th at 10 AM. Motion to approve city manager's report was made by Commissioner Fernandez, and seconded by Commissioner Escobedo. Motion carried, 6-0. Then motion to approve department head's reports was made by Commissioner Vinson and seconded by Commissioner Fernandez. Motion carried,

The meeting was adjourned at 6:32 PM.

The 31st Annual Narciso Martinez Cultural **Arts Center Conjunto Festival**

Who: The Narciso Martínez Cultural Arts

What: 31st Annual Conjunto Festival When: October 4,5,

Where: Los Fresnos Memorial Park, 900 North Arroyo Blvd, LOS FRESNOS, TEXAS.

Admission: \$10.00 per

Los Fresnos, Texas. The Narciso Martinez Cultural Arts Center proudly presents the 31st Annual Conjunto Festival. This 2-day event is a one-of-a-kind cultural program attracting over 2,500 people for a celebration of the best in live Texas Mexican Conjunto music.

This year the festival will include 15 Conjuntos from the Rio Grande Valley, Kingsville, Corpus Christi, Houston, Austin, and San Antonio, Texas. The 15-band lineup is filled with the most highly skilled musicians who continue to keep the Conjunto music tradition alive. The lineup includes beginning musicians and the older musicians who are ready to bring Conjunto lovers

to the dance floor for a wonderful time. This year Los Tremendos De Juan P. Ramos, Jesse Perez y Los Compadres Alegres and Los Chachos de Jesse Gomez will be making their debut at the festival. Joel Guzman and Sara Fox y Conjuntazzo will appear after an almost 15year absence.

This year the festival will Vela's Lowrider Hats from Toppenish, Washington, who once again will be selling their low rider hats. Mariaelena Villarreal, Hohner Accordions' official photographer, from San Antonio, Texas, will be photographing and videotaping the festival.

The Conjunto Festival is the longest running Conjunto festival in the Rio Grande Valley, and 1 of 2 festivals within the Conjunto musical genre in the nation. The Narciso Martinez Conjunto Festival is the largest cultural production of the Narciso Martinez Cultural Arts Center, which was founded on October 29, 1991, on Narciso Martinez' 80th birthday.

Enjoy 2 days of live Conjunto music. There

will be dancing, food, beverages, and authentic RGV driven hospitality. Bring your own lawn chairs. NO OUTSIDE BEVERAGES OR FOOD WILL BE ALLOWED.

We look forward to a safe and healthy event.

The Narciso Martinez Cultural Arts Center preserves, promotes and develops the rich cultural heritage of the Mexicano community through programs in the visual arts, music, theater, dance, and literature.

FRIDAY: October 4, 2024 5:00 p.m. − 12 a.m. (Midnight) Fruty Villarreal y Los Mavericks - 5 p.m. Los Chachos De Jesse Gomez - 6 p.m. Conteño - 7 p.m. Linda Escobar y Su Conjunto - 8 p.m. Los D Boyz - 9 p.m. Joel Guzman/Sarah Fox y Conjuntazzo - 10 p.m. Santiago Garza y La Naturaleza - 11 p.m.

SATURDAY: October 5, 2024 4:30 p.m. – 12:00 a.m. (Midnight) Conjunto Halcón (Los Fresnos High School) & 4:30 p.m. Los Fresnos Elementary



Conjunto Juan P. Ramos Y Grupo Tremendo - 5 p.m. Jesse Perez y Los Compadres Alegres - 6

p.m. Riley y Los Gilitos - 7 Los Monarcas - 8 p.m. Gilberto Perez Jr. y Sus Compadres - 9 p.m. Los Cucuys de Rodney Rodriguez - 10 p.m. Los Telles - 11 p.m.

Goodwill and the RGV Vipers Team Up for a Skills Camp

By Mike Villarreal

Goodwill South Texas is thrilled to announce its exciting partnership with the Rio Grande Valley Vipers! You're invited to join them on October 19th for the Goodwill X Vipers Skills Camp, a half-day camp designed to help middle and high school students enhance their basketball skills. The Vipers Academy coaching staff will provide expert training in ball handling, shooting techniques, defensive strategies, footwork, and other essential basketball skills. This is a fantastic

opportunity for young athletes to develop their abilities and learn from experienced coaches.

Entrance to the camp is free if you donate 2 large kitchen trash bags filled with items for Goodwill. The top donor will receiv a family-4-pack of floor seats to the Viper's season opener and a Goodwill gear prize pack! Please bring your donations to checkin on the morning of the camp, and they will track the student with the most donations.

Each individual who takes part will be given a free Viper's ticket and will have the opportunity

to improve their athletic abilities and skills with the guidance of the Vipers Academy Coaching Staff. The camp will have a special focus on developing ball handling skills, dribbling, passing, ball control, footwork, and playing in different positions on the basketball court. In addition to the coaching, participants will also receive a basketball camp Sport-Tech® Tee, snacks, and a backpack to make their experience more enjoyable and rewarding.

To learn more and sign up, please visit https:// goodwillsouthtexas.com/ events/vipers-kids-camp/.



Registration is on a firstcome, first-served basis, so secure your spot now! Information and photo from the Goodwill of South Texas Facebook Page

Things to See and Delight



Kentucky

StatePoint

Do you love spooky stories and experiences? Kentucky has plenty of paranormal destinations all over the

Commonwealth to enjoy

this season and beyond.

The Eastern Kentucky Appalachians are just brimming with tales of haunted coal camps. Eerie and abandoned mines, like Blue Heron Mine in McCreary County, offer not only a chance to see what life was like for miners and their families, but also to learn about local folklore. In addition to year-round tours, every October visitors can attend Blue Heron Ghost Mine and listen to spinetingling stories about the mines, hills and hollows in the region.

stories? Don't pass

Want to take in some nature with your ghost

up on Lovers Leap at Cumberland Falls State Resort Park, where in the 1950s a newlywed bride, still in her wedding dress, fell 80 feet into the Cumberland River and was swept over the falls, never to be seen again. Over the decades since, many visitors have reported seeing a beautiful woman in a white wedding dress wandering the area

Owensboro, situated just down the Ohio River from Louisville, is a city that is home to more than a few eerie happenings. Schedule a "Haunts of Owensboro" walking

around the falls.

tour and listen to chilling accounts of inexplicable footsteps in empty rooms, lights and faucets turning on and off on their own and ghostly figures appearing in doorways

and windows. In Ashland you will find the Paramount Arts Center, a thriving theater and event venue. However, according to local legend, in 1931 a workman, "Paramount Joe," died in the theater while it was under construction and his spirit still haunts the premises. Since his demise, theater employees say Joe is known to show up in hallways, cause cold

drafts, and make items around the playhouse disappear.

Regardless of the time of year, Kentucky is the perfect place to find hair-raising, pulsequickening things to see and do. For more spooky trip inspiration, check out www.kentuckyafterdark. com and www. kentuckytourism.com.

Plan your route through 19 paranormal destinations spread throughout the Bluegrass and show your friends you faced the fear head on by collecting Kentucky After Dark Passports at each location.